Rushall Woods Regional Event Level C 17th March 2024

Welcome to our Berkshire Orienteers event in beautiful Rushall Woods.

Location Rushall Woods near Yattendon, between Junction 13 and 12 of M4

Directions / Parking

Parking is in field off Burnt Hill Road at RG7 6DX, SU567735, what three words trapdoor.having.mountains.

Due to narrow lanes please arrive from north via Yattendon Lane, then turning right onto Burnt Hill Road.

Please Note: Scratchface Lane which passes through the centre of the mapped area passing Rushall Farm is out of bounds to competitors.

Depending on how much rain arrives over the weekend we may need to park some cars on the road instead of the parking field. In this case you may have a longer walk to the starts. A clothing dump will be provided at assembly which is not far from the starts and the finish.

Terrain Description

The Rushall Wood area is mixed commercial woodland interspersed with open areas and a few dwellings. The Westernmost area is runnable sloping woodland changing to slow run at the southern end. The central area is generally runnable with several re-entrants and open areas. The eastern area is flatter with several areas of recent tree felling which is still taking place at the very eastern extremity. Throughout the area are several significant expanses of undergrowth which are best avoided. Whilst there are no controls in these areas it is your choice if you wish to cross them!

West Berkshire has received above average rainfall for the last twelve months and the area has been wet whilst planning the courses, and is likely to remain so until the event. There are no significant stream crossings but there are several ponds and normally brown features that are currently very blue so please take care. The paths are very muddy in places and often wetter than the adjacent woodland.

Enjoy this great area and the primroses that should be out for the event.

Woods are looking lovely - but wet! Please come prepared for wet underfoot, even the paths on the White - Orange courses.

The Map

The map is at 1:10,000 scale for the Short Green to Brown courses and 7,500 for the white to Light Green courses with 5m contours, on waterproof paper and conforms to ISOM2017-2. The area was extensively remapped in 2019 and updated in 2022 and again in February 2024.

Special thanks to Katy Stubbs (BKO) for remapping the areas of recently felled trees and Alan Kersley (BADO) for numerous other corrections.

Entry and Start Times

PRE ENTRY ONLY.-- NO ENTRY ON THE DAY

Pre-Entry until 10/3/2024 via Race Sign up. Late entry until 14/3/2024

Start times are from 10:30 to 12:30. Note that courses close at 14:30, by which time you must have downloaded. When selecting your start block, please ensure you allow yourself adequate time to complete your course.

Courses

Course	Length	Climb	No of controls
White	1.7 km	25m	11
Yellow	2.4 km	55m	11
Orange	3.0 km	65m	12
Light Green	3.4 km	90m	11
Short Green	3.1 km	60m	11
Green	4.8 km	150m	14
Blue	6.4 km	150m	17
Brown	8.5 km	220m	25

Plus free String Course

Control Descriptions

Control descriptions are printed on the map. Loose control descriptions will be available in the start lanes.

Entry Cost

From 22nd February:

Early

BOF Senior: £12.00

BOF Senior Novice (White, Yellow, Orange courses): £6.00

Non member additional charge: £2.00

BOF Senior Chip hire: £2.00

Junior/Student: £6.00

Junior/Student Chip hire: £0.00

From 11th March up until 14th March:

Late

BOF Senior: £14.00

BOF Senior Novice (White, Yellow, Orange courses): £6.00

Non member additional charge: £2.00

BOF Senior Chip hire: £2.00

Junior/Student: £6.00

Junior/Student Chip hire: £0.00

Juniors are under 21 on 31st December.

Please look after our SIAC dibbers.

We will charge you £72 for a replacement if you lose it.

Facilities

The following facilities will be available at the Assembly

There will be no post race water or squash. **Please bring your own drinks**, and any refreshments needed.

First Aid - located close to download

Toilets - Sanitisers available.

Free String Course – Sign up, Start and Finish close to Enquiries Tent at Assembly

Key Drop at Enquiries

On the Day

Assembly is approx 600m uphill from car parking field.

- SIAC. Those hiring should collect their SIAC from tent at Assembly, before going to the Start.
- Two Starts

Start 1 – Short Green, Green, Blue, Brown – 50m from Assembly

Start 2 – Light Green, Orange, Yellow, White – 400m from Assembly

The finish is about 100 m from Assembly.

• Courses close at 14:30. You must report to download by this time.

Safety issues

• Road Crossing – All courses cross a minor road which usually has very little traffic. Orange, Yellow and White courses have a mandatory road crossing which will be manned for juniors. Adult competitors can cross at other places. This road is narrow and quiet but please take care crossing.

Road crossings will NOT be timed-out.

- Public Access. Rushall Woods are used by the public for walking, running, dog walking, cycling and horse riding on public paths. Please be courteous towards other users, especially those with dogs and horse riders our future use of these areas depends on this. And please try to keep your distance from others.
- Clothing and Safety Equipment. Competitors' torso and legs must be covered. For safety reasons we strongly recommend you carry a whistle. The distress signal is six short blasts, wait one minute, and then repeat.
- Emergency Number. All maps will be overprinted with a phone number which can be used on the day to contact the Organiser in the event of an emergency.
- Nearest A&E. There is a Minor Injuries Unit at West Berkshire Community Hospital, London Road, Thatcham RG18 3AS. The nearest A&E is at Royal Berks Hospital, Reading London Rd, RG1 5AN.

Results

Results will NOT be displayed at the event. We hope to have live results on the BKO website.

After the event results will be posted on the BKO website at https://bko.org.uk

Further Information

In entering this event you have signed up to a Participant Code of Conduct

Everyone taking part must follow the Participant Code of Conduct at all times. The Code of Conduct can be found on the British Orienteering website. The key considerations include:

• Acting as an ambassador for the sport of orienteering at all times and considering how their actions may appear in the eyes of landowners or members of the public.

Officials

Organiser: Jane Courtier, BKO E-mail: events@bko.org.uk Planner: Steve Waite, BKO. Email: events@bko.org.uk

Controller: Alan Kersley BADO

Thanks

Thanks to the landowners who have allowed us to run in their woodland and park in their fields.

Orienteering is an adventure sport. All competitors take part at their own risk and are responsible for their own safety.

Please check website for last minute cancellation in case of inclement weather. In the event of cancellation some or all of your entry fee may be retained.

The personal data you give will be used by the event organisers & their agents only for the purpose of processing and publishing the event entries and results, for conducting safety checks and to validate British Orienteering insurance cover. Submission of an entry for the event will indicate your acceptance of this procedure.